

January 2020

The Willows

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Management Team

Audrey Henriquez, MSM
Administrator

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Jackie Loggains
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Janna Young, CDM
Dietary Manager

Merrilee Anderson
Office Manager

Ruth McNeill
Housekeeping Director

David Dawson
Maintenance Director

Brittany Wiedmann
Resident Care Manager 1

Tina Proctor
Resident Care Manager 2

Brandy Worley
Resident Care Manager 3

Rachael Jennings
Resident Care Manager 4



As we welcome 2020, we reflect on all of our memories in 2019. We had another fun year here at The Willows! We had our holiday parties throughout the year, many outings over summer, soaked up the sun, raised money for Alzheimer's research, and many games, laughter, and fun!

As we close out 2019, we went out with a bang! There were 5 beautifully decorated Christmas trees with their own theme. We hosted 2 family nights, Grinch party, birthday parties, crafts, and a cocoa and canvas! Our residents and families enjoy our canvas paintings so we will be **hosting another one on February 29th!**

We are still trying to stay warm so we will be indoors with plenty of things to do. We will have crafts, games, word puzzles, and entertainment. Feel free to join your loved one as that is what they love the most, you! Thank you for allowing our family to take care of yours! Happy New Year, we hope it's full of fun, laughter and blessings!





In 2019, we had some mothers and grandmothers welcome their new bundles of joy! We would like to congratulate you all and wish you all the best!

Mothers:

Alexa Davis

Brittany Varrie

Brittany Wiedmann

Kynnedi Anderson

Grandmothers:

Brandy Worley

Latesa Townsend

Jackie Loggains

To the Willows Residents, Staff, families, and Administrators,

I am writing this letter to confirm my retirement from MHC and consequently the Willows on 1/04/2020. Though I have looked forward to my retirement, it saddens me to leave such wonderful people. The last 12+ years I have worked at The Willows have been the best and most fruitful of my life. However, after 46 years as a registered nurse, it is time for me to retire. I am looking forward to turning off my phone, hanging up my stethoscope, traveling with my husband, spending time with my family, including my grandson (and soon to be granddaughter).

I will be enjoying my retirement I am sure, but you will always be in my heart wherever I may go. Let me take this opportunity to thank you, the residents, the staff, and The Willows for all the love and support that has been given to me over the years.

It has been an honor and a privilege to have known you all and hopefully helped you along the way.

Sincerely, Nurse Judy



HAPPY NEW YEAR!

As I write this, I am still deeply in Christmas mode. Yesterday, the children at our church performed their annual Christmas program—reading through the entire Christmas narrative. The words of the angels declaring the birth of Jesus caught my imagination, “Do not be afraid. I bring you good news that will cause great joy for all the people.” The news will cause great joy for all the people.

Despite the joy of Christmas and all of the beauty throughout the world, too often, myself included, I find people focusing on the bad or negatives in life. In fact, when I mention to people I am a chaplain in assisted living homes, I inevitably hear something like, “I could never do that,” or “how do you deal with all the death?” While the death of a resident can be sad and painful, I experience such joy in talking and being with our residents. I know so many of you experience that same joy as well. So, as we enter another year of serving people as they age, we want to celebrate with joy and gladness with our 2020 theme of “Living Joyfully.”

Throughout the year, we will be incorporating our theme throughout all of the Baruch facilities in various ways. However, we welcome and encourage your creativity and ideas!

May the joy of the Lord be with you always!

Chaplain
Ryan



CRAFT CORNER



Here at The Willows we would like to thank those who have donated craft supplies and Holiday décor! Our residents have enjoyed creating art and doing fun crafts with the life enrichment group and volunteers. We had our Associate Administrator and Building three manager come in and show us how to make a snowman painting! At The Willows we always welcome more donations; supplies we are always looking for are yarn, scissors, pipe cleaners, glue, markers, colored pencils and even sewing items. So to everyone that has and will donate, Thank you!!

New Year's Resolutions

We asked our residents, what is your new year resolution?

Carolyn I: “Work hard to get more independent”

Janet S: “Live my best life”

Phyllis: “Improve family relationships”

Bonnie: “To find a boyfriend”

Eula: “To see my family more”

Ardis: “Get closer with the Lord”

Bill D: “To be better to my family, friends, and care folks”

Chinese Zodiac

Rats are quick-witted, resourceful, and smart but lack courage. With rich imaginations and sharp observations, they can take advantage of various opportunities well.

In Chinese culture, rats represent working diligently and thriftiness, so people born in a Rat year are thought to be wealthy and prosperous.

In Chinese element theory, each zodiac sign is associated with one of the five elements: Wood, Fire, Earth, Gold (Metal), and Water. For example, a Wood Rat comes once in a 60-year cycle. It is theorized that a person's characteristics are decided by their birth year's zodiac animal sign and element. So there are five types of Rat, each with different characteristics.

Men born in a Rat year are very curious so they tend to try their hands at anything and they can deal with tasks skillfully. Due to a lack of courage, as well as good command skills, they are not capable of being leaders. Opportunistic and picky as male Rats are, they do not have broad minds but take a narrow view of things.

Women born in a Rat year are pretty, smart, and lovely. They have quick minds and dexterous hands, and are able to learn anything. They are always considerate of their families and friends!

With an active nature, **Rats enjoy a flexible social circle**. They are interested in attending different kinds of social occasions. They like to make new friends, but they seldom further their relationships with others. Rats have a charming appearance, which can attract more friends!

The year of the Rat is supposed to be a great year!



Rat



We will be hosting another Canvas Painting on Saturday, February 29th! We are going to paint frogs for Leap Year! This is an event our residents and families both enjoy. If you would like to attend, please RSVP as we would like to make sure we have plenty of supplies!



Around here,
we don't look backwards
for very long...
We keep moving forward,
opening up new doors and
doing new things
because we're curious...
and curiosity keeps leading us
down new paths
WALT DISNEY

