

The Willows Weekly Menu

May 3 - 9, 2020

	SUNDAY 3	MONDAY 4	TUESDAY 5	WEDNESDAY 6	THURSDAY 7	FRIDAY 8	SATURDAY 9
BREAKFAST	Biscuits & Sausage Gravy Sausage Patties Orange Wedges Continental: Oatmeal, Fruit Cold Cereal Toast	Scrambled Eggs Apricot Halves Muffin Continental: Oatmeal, Fruit Cold Cereal Toast	Pancakes Sausage Links Continental: Oatmeal, Fruit Cold Cereal Toast	Scrambled Eggs Yogurt Toast Continental: Oatmeal, Fruit Cold Cereal Toast	Quiche Pears Danish Continental: Oatmeal, Fruit Cold Cereal Toast	French Toast Bacon Continental: Oatmeal, Fruit Cold Cereal Toast	Scrambled Eggs Sausage Patties Raisin Toast Continental: Oatmeal, Fruit Cold Cereal Toast
DINNER	Spaghetti & Meatballs Tossed Salad Breadstick Carrot Cake	Roasted Chicken Au Gratin Potatoes Green Beans Fresh Bread Cheesecake	Turkey Breast Roasted Potatoes Carrots Dinner Roll Peanut Butter Cream Pie	Beef Roast Mashed Potatoes Corn Fresh Bread Apple Crisp	Mandarin Pork Roast White Rice Vegetable Blend Dinner Roll Ice Cream	Pizza Variety Seven Layer Salad Garlic Bread Pineapple Upside Down Cake	Potato Crusted Tilapia Baked Potato Brussel Sprouts Fresh Bread Toffee Pecan Bar
SUPPER	Minestrone Soup Egg Salad Sandwich Carrot Raisin Salad Red Grapes	BLT Sandwich Potato Chips Cucumber Salad Peaches	Beef Tater Tot Bake Tossed Salad Slice of Bread Pudding/Cookie Parfait	Tomato Soup Ham & Cheese Sandwich Potato Salad Broccoli Salad Watermelon	Sloppy Joes French Fries Mixed Vegetables Brownie	Chicken and Dumpling Soup Turkey and Cheese Sandwich Pineapple Chunks Cookie Variety	Pulled Pork Sandwich Macaroni & Cheese Vinegar Slaw Mandarin Oranges

Snack List for week:

Club Sandwich Crackers

Hard Boiled Egg

Peanut Butter & Strawberry Jelly Un-crust able

Magic Shake Nutritional Treat

Reduced Calorie Ice Cream Cup

The Willows Weekly Menu

May 10 - 16, 2020

	SUNDAY 10	MONDAY 11	TUESDAY 12	WEDNESDAY 13	THURSDAY 14	FRIDAY 15	SATURDAY 16
BREAKFAST	Scrambled Eggs Peaches Toast Continental: Oatmeal, Fruit Cold Cereal Toast	Waffles Sausage Links Continental: Oatmeal, Fruit Cold Cereal Toast	Denver Scramble Apricots Toast Continental: Oatmeal, Fruit Cold Cereal Toast	Scrambled Eggs Bacon Toast Continental: Oatmeal, Fruit Cold Cereal Toast	Breakfast Casserole Yogurt Donut Continental: Oatmeal, Fruit Cold Cereal Toast	Cheesy Eggs Fruit Cup Seven Grain Toast Continental: Oatmeal, Fruit Cold Cereal Toast	French Toast Bake Sausage Patties Continental: Oatmeal, Fruit Cold Cereal Toast
DINNER	Glazed Ham Au Gratin Potatoes Green Peas Dinner Roll Blackberry Pie	Fried Chicken Mashed Potatoes Vegetable Blend Fresh Bread Vanilla Mousse	Meatloaf Roasted Potatoes Green Beans Dinner Roll Strawberry Cheesecake	Turkey Roast Stuffing Broccoli Fresh Bread Chocolate Cake	Beef Roast Baked Potato Carrots Dinner Roll Ice Cream	Baked Chicken Fried Rice Vegetable Blend Fresh Bread Cherry Crisp	Beef Stew Seven Layer Salad Dinner Roll Frosted Banana Cake
SUPPER	Vegetable Soup Roast Beef & Cheddar Sandwich Tossed Salad Potato Chips Melon Medley	Bratwurst Baked Beans Mixed Vegetables Orange Gelatin Dessert	Potato Soup Chicken Salad Plate with Crackers, Fresh Fruit Oatmeal Raisin Cookie	Ham & Swiss on a Croissant with Tossed Salad Apple Wheatberry Couscous Brownie	Turkey & Cheese Sandwich Lettuce, Tomato Fruit Salad Tapioca Pudding	Fish Sandwich French Fries Lettuce, Tomato Carrot Raisin Salad Peanut Butter Crispy Bite	Chicken Noodle Soup Egg Salad Sandwich Tossed Salad Orange Wedges

Snack List for week:

Club Sandwich Crackers
 Hard Boiled Egg
 Peanut Butter Sandwich Crackers
 Magic Shake Nutritional Treat

Menu subject to change.

The Willows Weekly Menu

May 17 - 23, 2020

	SUNDAY 17	MONDAY 18	TUESDAY 19	WEDNESDAY 20	THURSDAY 21	FRIDAY 22	SATURDAY 23
BREAKFAST	Scrambled Eggs Yogurt Coffee Cake Continental: Oatmeal, Fruit Cold Cereal Toast	Cheese Omelet Mandarin Oranges Toast Continental: Oatmeal, Fruit Cold Cereal Toast	Pancakes Sausage Links Continental: Oatmeal, Fruit Cold Cereal Toast	Scrambled Eggs Bacon Seven Grain Toast Continental: Oatmeal, Fruit Cold Cereal Toast	Cheesy Eggs Peaches Donut Continental: Oatmeal, Fruit Cold Cereal Toast	French Toast Sausage Patties Continental: Oatmeal, Fruit Cold Cereal Toast	Scrambled Eggs Orange Wedges Toast Continental: Oatmeal, Fruit Cold Cereal Toast
DINNER	Glazed Ham Mashed Potatoes Carrots Fresh Bread Lemon Cream Pie	Citrus Turkey Roast Stuffing Green Peas Dinner Roll Sorbet	Baked Chicken Breast Au Gratin Potatoes Vegetable Blend Fresh Bread Poke Cake	Beef Roast Roasted Potatoes Brussel Sprouts Dinner Roll Cheesecake Bar	Chicken & Dumplings Baked Potato Green Beans Fresh Bread Ice Cream	Battered Tilapia Red Bliss Potatoes Sweet Corn Dinner Roll Chocolate Chip Cake	Beef and Broccoli Stir Fry over Rice Fresh Bread Pie Variety
SUPPER	Grilled Chicken Sandwich Hash Brown Patty Cole Slaw Grapes	Mushroom Brie Bisque Tuna Sandwich Lettuce & Tomato Potato Chips Watermelon	Lasagna Tossed Salad Garlic Breadstick Irish Fluff	All American Club Sandwich Potato Salad Bean Medley Pears	Reuben Casserole Seven Layer Salad Dinner Roll Gelatin with Fruit	White Bean Soup Ham and Cheese Sandwich Cauliflower Salad Cookie Variety	Hot Turkey Sandwich Mashed Potatoes Mixed Vegetables Pineapple Chunks

Snack List for week:

- Club Sandwich Crackers
- Sugar Free Cookies
- Hard Boiled Egg
- Peanut Butter & Jelly Un-Crust able
- Reduced Calorie Ice Cream Cup

The Willows Weekly Menu

May 24 - 30, 2020

	SUNDAY 24	Memorial Day 25	TUESDAY 26	WEDNESDAY 27	THURSDAY 28	FRIDAY 29	SATURDAY 30
BREAKFAST	Scrambled Eggs Pears Toast Continental: Oatmeal, Fruit Cold Cereal Toast	Breakfast Casserole Yogurt Coffee Cake Continental: Oatmeal, Fruit Cold Cereal Toast	Pancakes Sausage Links Continental: Oatmeal, Fruit Cold Cereal Toast	Scrambled Eggs Orange Wedges English Muffin Continental: Oatmeal, Fruit Cold Cereal Toast	Denver Scramble Apricots Toast Continental: Oatmeal, Fruit Cold Cereal Toast	French Toast Bacon Continental: Oatmeal, Fruit Cold Cereal Toast	Cheesy Eggs Mandarin Oranges Raisin Toast Continental: Oatmeal, Fruit Cold Cereal Toast
DINNER	Turkey Stuffing Carrots Dinner Roll Cheesecake	Cheese Burger White Macaroni and Cheese Corn on the Cob Red, White , & Blue Fruit Salad	Baked Chicken Mashed Potatoes Green Beans Fresh Bread Lemon Poppy Seed Cake	Goulash with Pasta Broccoli Dinner Roll Cream Pie	Italian Sausage w/ Peppers & Onions Macaroni & Cheese Fresh Bread Ice Cream	Battered Tilapia Rice Pilaf Vegetable Blend Dinner Roll Key Lime Mousse	Beef Roast Roasted Potato Corn Fresh Bread Fruit of the Forest Pie
SUPPER	Stuffed Peppers Tossed Salad Garlic Bread Watermelon	Ham Salad Plate Crackers Cottage Cheese & Peaches Ice Cream Bar	Beef and Provolone Sandwich Potato Chips Tossed Salad Fruit Cup	Chicken Kiev Potato Salad Cole Slaw Peanut Butter Brownies	Vegetable Soup Turkey Sandwich Lettuce & Tomato Green Pea Salad Grapes	Sloppy Joe Sandwich Tater Tots Mixed Vegetables Fruit Salad	Grilled Chicken Sandwich Roasted Sweet Potatoes Tossed Salad Melon Medley

Snack List for week:

Club Sandwich Crackers

Hard Boiled Egg

Peanut Butter & Strawberry Jelly Un-crust able

Magic Shake Nutritional Treat